



**FIFTH ANNUAL RUN FOR THE STARS  
5K AND 1 MILE FUN RUN/WALK**

**SEPTEMBER 26, 2009  
7:30 A.M.**

**PTA PANCAKE BREAKFAST & FESTIVITIES TO FOLLOW**

Our annual "Run for the Stars" and Community Pancake Breakfast is one of my favorite events of the year as it brings the community together for a common goal and to celebrate the successes of our school. This year's Run (benefitting the William McCool Science Center Foundation) will help raise money to pay the annual expenses of running an award winning science program through hands-on, inquiry based instruction, while celebrating the exemplary level of achievement of our students. As reported in July 2009, our level of achievement in science is at an all time high, and I know that is a result of the commitment and dedication of the Lamping staff and community to quality science instruction. Please plan on joining us for our fifth annual "Run for the Stars," as together we will ignite the passion and love for science in our children.

Committed to Excellence,

*Michael O'Dowd*

Michael O'Dowd, Principal  
Frank Lamping Elementary School

7:30 a.m. registration  
7:45 a.m. warm-up  
8:00 a.m. 1 mile  
8:30 a.m. 5K

*Thank you for supporting stellar hands-on science at WMSC*

*race rewards \* race features*

- Awards ceremony recognizing overall male and female and three deep in all divisions
- Raffle prizes/drawing after the run
- Accurate timing by Tri-A-Run
- PTA-sponsored pancake breakfast after the run



**\$20 RAISED**

- Uniform-approved race T-shirt\*
- PTA Pancake breakfast

**\$100 RAISED**

- Uniform-approved race T-shirt\*
- PTA Pancake breakfast
- Passport to a Stellar Science Camp! (Date to be determined)

**\$260 RAISED**

- Uniform-approved race T-shirt\*
- PTA Pancake breakfast
- Passport to a Stellar Science Camp! (Date to be determined)
- Science Star for a chosen day! Includes family/business name on the school marquee, recognition in the Lightning Bolt News & "Science Star" buttons for your Lamping students to wear at school.

\*Race tees for the first 550 runners



All students are encouraged to collect sponsors to raise money to support stellar science at WMSC

**Turn in entry fee and sponsor donations by Wednesday, September 9.**

Tees and race packets will be delivered to classrooms September 24. Non-Lamping participants and students on track break can pick up packets in the office September 25 from 8 a.m. to 4 p.m. Information: Lori Garman 799-1330 and online at LampingElementary.com

**Minimum suggested sponsorship total: \$25, adults. Age 12 and under, \$20.**

Students without sponsorships are welcome to participate in the fun but cannot earn race rewards.

_____	_____
Sponsor Name	Amount
_____	_____
Sponsor Name	Amount
_____	_____
Sponsor Name	Amount
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Sponsor Name	Amount
_____	_____
Sponsor Name	Amount
_____	_____
Sponsor Name	Amount
_____	_____
Sponsor Name	Amount

Early Bird raffle tickets, just \$1 ea. (or purchase for \$2 ea. at the event)	\$ _____
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**Total Raised:** \_\_\_\_\_

Thank you for your 100% tax-deductible contribution!  
Entries are nonrefundable and nontransferable. **Make checks out to CCPEF.**

**One form per applicant. Please print clearly.**  
Additional forms on LampingElementary.com

**Name:** \_\_\_\_\_  
LAST FIRST TEACHER

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Emergency Phone:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_

**Circle one of the following:**

**Event:** 5k 1 mile

**Age Division:** 5, 6, 7, 8, 9, 10, 11, 12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-55, 56-59, 60+

**Sex:** M F

**T-Shirt Size:**  
Youth: M L Adult: S M L XL

**Minimum suggested sponsorship total:  
\$25. Age 12 and under, \$20**

**Waiver:** I know that running a road race is a potentially hazardous activity. I should not run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risk associated with running this event including, but not limited to falls, contact with other participants, the effects of the weather, including high heat/humidity, traffic and the conditions of the road all such risks being known and appreciated by me. Having read this waiver and knowing these facts and considerations of you accepting my entry, I, for, myself and anyone entitled to act on my behalf, waive and release Tri-A-Run, The City of Henderson, The County of Clark, The Department of Transportation of the State of Nevada, The Henderson Police Department, The Nevada Highway Patrol, PAC (The Police Auxiliary Civilian Team), Lamping ES, and all other sponsors, representatives and successors from all claims of liability of any kind arising out of my participation in this event. I grant permission to all the foregoing to use my photograph, motion picture, recordings, or any other record of this event for any legitimate purpose.

**Signature:** \_\_\_\_\_  
(Signature of parent or guardian if under 18)

**Print Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_